

# Landisville Cares Week

October 24-28 2022

During the last full week of October LPC will be promoting and modeling positive and healthy mental health strategies as we show Aevium across the campus. Please join us in participating in special “themed” days to encourage safe and appropriate mental health awareness ideas and topics.

## **Monday October 24<sup>th</sup>: Recognize Feelings**

**Students and Staff are encouraged to wear a favorite outfit that makes you feel happy!**

## **Tuesday October 25<sup>th</sup>: Be Yourself**

**Students and Staff are encouraged to wear an outfit that makes you “standout” such as bright colors (neon colors) or tie-dye. (Reminder – This is picture Retake Day)**

## **Wednesday October 26<sup>th</sup>: Don’t Sweat the Small Stuff**

**Students and Staff are encouraged to wear sweatshirts.**

## **Thursday October 27<sup>th</sup>: It Takes Character to Cope with Anger**

**Students and Staff are encouraged to wear something that displays their hero or favorite character to share with others**

## **Friday October 28<sup>th</sup>: LPC Cares!**

**Students and Staff are encouraged to wear something representing their favorite “Team”  
(LPC, Hempfield, or “Other Team”)**